




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS ARE \$5.00 FOR NON- SENIORS (ONLY IF MEALS ARE AVAILABLE AFTER SENIORS ARE SERVED AVAILABLE</p>				
<p>3 Cream of Mushroom Soup Hawaiian Chicken w/ Pineapple Brown Rice / Oriental Vegetables / Chopped Asian Salad w/Romaine & Green Onions / Cantaloupe</p>	<p>4 Beef Stew w/ Potatoes, Celery, & Onion WG Dinner Roll Carrots Creamy Dill Cucumber Salad / Orange Fruited Vanilla Yogurt</p>	<p>5 Grape Juice Chicken Marsala w/ Mushroom & White Wine Sauce WG Penne Pasta / Peas & Onions / Marinated Beet Salad Kiwi</p>	<p>6 Breaded Fish Flour Tortilla (1) Brown Spanish Rice Zucchini Medley Creamy Coleslaw w/Chipotle Dressing Banana</p>	<p>7 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>
<p>10 Turkey Chili w/ Barley Cornbread / Baked Potato Chopped Kale & Spinach Salad w/Tomatoes Pear</p>	<p>11 Butternut Soup Herb Chicken Barley Pilaf Garden Salad Black Eyed Peas Mandarin Oranges</p>	<p>12 Roast Beef w/ Gravy WG Roll Mashed Sweet Potatoes Collard Green Waldorf Salad Cream Cookies</p>	<p>13 Creamy Cilantro Baked Fish Biscuit Brown Rice Pilaf / Broccoli Romaine Caesar Salad w/Croutons Cantaloupe</p>	<p>14 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>
<p>17 Senior Center Facility & SASSFA CLOSED Presidents Day </p>	<p>18 Chicken Enchilada Casserole Black Beans Tomato & Cucumber Salad Orange</p>	<p>19 Cream of Broccoli Soup Fish Vera Cruz WG Bread Corn Carrot Slaw / Kiwi Vanilla Chocolate Swirl Pudding</p>	<p>20 Pork Loin w/ Black Peppercorn Sauce WG Bread Stuffing Mashed Potatoes Beet & Onion Salad Peaches</p>	<p>21 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>
<p>24 Tuscan Soup Roast Turkey Herb Stuffing Green Beans Tricolor Coleslaw Pear</p>	<p>25 Chicken Mole (L & T) Spanish Brown Rice Pinto Beans Corn Relish Salad Kiwi Rainbow Sherbet</p>	<p>26 Butternut Squash Soup Roast Pork w/ Mustard Sauce Pasta Collard Greens Waldorf Salad Orange</p>	<p>27 Beef Teriyaki Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Applesauce w/Cinnamon</p>	<p>28 DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM</p>

*ALL MEALS SERVED WITH 1% LOW FAT MILK. + Item is high in sodium. MENU SUBJECT TO CHANGE WITHOUT NOTICE.

This project is funded, in part by Los Angeles County Area Agency on Aging, through the Older American Act of 1965 as amended.