

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Tuscan Soup Roast Turkey WG Herb Stuffing Green Beans Tricolor Coleslaw Pear	3	Beef Teriyaki Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Applesauce w/Cinnamon	4	Butternut Squash Soup Roast Pork w/ Mustard Sauce WG Bread Pasta Collard Greens Waldorf Salad / Orange	5	Chicken Mole Spanish Brown Rice Pinto Beans Corn Relish Salad Kiwi/ Rainbow Sherbet Registration Open: 9 AM Meal Served: 11 AM	6	DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM
9	Beef Picado Flour Tortilla Black Beans Brown Spanish Rice Chopped Romaine Salad Mandarin Oranges w/Jicama	10	Cream of Mushroom Soup Ginger Fish WG Roll Fiesta Corn Barley Pilaf Garden Salad w/ Red Onion Cantaloupe	11	Oven Baked Chicken (L & T) Cornbread Stuffing Peas & Onions Carrot & Raisin Salad Kiwi	12	Corn Chowder Soup Turkey Meatloaf WG Bread Mashed Potatoes Chopped Spinach & Kale Applesauce	13	DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM
16	Split Pea Soup Baked Ziti (Turkey) WG Pasta Sourdough Bread Corn Zucchini Medley Kiwi	17	Rosemary Chicken w/ Creamy Garlic Sauce Couscous Pilaf Broccoli & Cauliflower Chopped Salad / Apple or Applesauce / Green Gelatin Registration Open: 9 AM Meal Served: 11 AM	18	Tomato Soup Meatloaf w/ Gravy WG Bread Mashed Potatoes Mediterranean Salad Fruit Cocktail w/Coconut Garnish	19	BBQ Chicken (L & T) WG Dinner Roll Carrots Baked Beans Orange	20	DRIVE-UP GRAB & GO SACK LUNCH (SENIOR CENTER) 11:30 AM – 12:30 PM
23	SENIOR CENTER CLOSED	24	SENIOR CENTER CLOSED	25	SENIOR CENTER CLOSED	26	SENIOR CENTER CLOSED	27	SENIOR CENTER CLOSED
30	SENIOR CENTER CLOSED	31	SENIOR CENTER CLOSED				MEALS ARE \$5.00 FOR NON- SENIORS (ONLY IF MEALS ARE AVAILABLE AFTER SENIORS ARE SERVED AVAILABLE		

*ALL MEALS SERVED WITH 1% LOW FAT MILK. + Item is high in sodium. MENU SUBJECT TO CHANGE WITHOUT NOTICE.

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