



SUMMER FOOD SERVICE PROGRAM



FREE - June 17th through August 9th

Monday through Friday

Breakfast: 8:00 to 9:00 a.m. Lunch: 12:00 to 1:00 p.m.

Ages 18 years & under

2024 JULY MEAL CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Breakfast Cinnamon Toasters Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Bean & Cheese Burrito Veggies Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>2</p> <p>Breakfast Blueberry Muffin Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch BBQ Chicken Leg w/ Mac & Cheese Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>3</p> <p>Breakfast Strawberry Poptart Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Hamburger w/ Wedge Fries Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>4</p> <p>Independence Day Holiday</p> <p>No Program</p>	<p>5</p> <p>Breakfast Rice Crispy Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Smuckers Sandwich Carrots Fresh Fruit 1/2 Pt. Low Fat Milk</p>
<p>8</p> <p>Breakfast Cereal Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Hot Dog w/ Chili Beans Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>9</p> <p>Breakfast Concha Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Lemon Chicken Fettuccini Broccoli Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>10</p> <p>Breakfast Coffee Cake Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Grilled Cheese Sandwich Carrots Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>11</p> <p>Breakfast Strawberry Poptart Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Chicken Tamale Corn Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>12</p> <p>Breakfast Cereal Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Crispy Chicken Sandwich w/ Wedge Fries Fresh Fruit 1/2 Pt. Low Fat Milk</p>
<p>15</p> <p>Breakfast Cereal Bar Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Herbed Chicken Leg w/ Mashed Potatoes Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>16</p> <p>Breakfast Banana Muffin Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Chicken Fajitas w/ Rice & Beans Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>17</p> <p>Breakfast Strawberry Poptart Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Ham & Cheese Sub Veggies Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>18</p> <p>Breakfast Bagel & Cream Cheese Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Three Cheese Mac & Cheese Veggies Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>19</p> <p>Breakfast Cereal Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Teriyaki Chicken w/ Rice & Squash Fresh Fruit 1/2 Pt. Low Fat Milk</p>
<p>22</p> <p>Breakfast Cereal Bar Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Cilantro Lime Chicken w/ Rice & Zucchini Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>23</p> <p>Breakfast Chocolate Muffin Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Pizza Bagel Veggies Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>24</p> <p>Breakfast Twin Bar Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Grilled Chicken Sandwich Carrots Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>25</p> <p>Breakfast Yogurt w/ Graham Cracker Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Chicken Spaghetti w/ Broccoli Fresh Fruit 1/2 Pt. Low Fat Milk</p>	<p>26</p> <p>Breakfast Rice Crispy Fresh Fruit 1/2 Pt. Low Fat Milk</p> <p>Lunch Hamburger w/ Wedge Fries Fresh Fruit 1/2 Pt. Low Fat Milk</p>

Sponsored by the USDA and administered by the California Department of Education.

Meals available on a first come, first served basis. Menu schedule subject to change without notice. City of Pico Rivera, USDA and CDE is an equal opportunity provider and employer.



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AND JUSTICE FOR ALL



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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at www.usda.gov/sites/default/files/documents/usda-program-discrimination-complaint-form.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:

(833) 256-1665 or (202) 690-7442; or

email:

program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al (202) 720-2600 (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al (800) 877-8339.

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en <https://www.usda.gov/sites/default/files/documents/USDAProgramComplaintForm-Spanish-Section 508 Compliant.pdf>, en cualquier oficina del USDA, llamando al (866) 632-9992, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

correo postal:

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Washington, D.C. 20250-9410; o'

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Esta institución ofrece igualdad de oportunidades.